Aging Ahead

14535 Manchester Road,
Manchester,
MO
63011

Website	http://www.agingahead.org
Phone	(800) 243-6060
Toll Free No.	1-800-AGE-6060
Area Served	St. Charles County | Lincoln County | St. Louis County
Population Served	Seniors
Referral Method	
Details	
Description	Information & Assistance SpecialistsÂ are available to connect citizens with programs and community resources. 1(800)243-6060 or https://www.agingahead.org/ *Senior Centers for adults age 60 and older: provides meals, socialization and physical activity and recreation. *Adult Day Services: Respite for caregivers and socialization for adults needing daytime supervision. *Meals on Wheels: volunteers deliver meals to eligible homebound adults aged 60 and older. *Speakers Bureau: Provides speakers on a variety of subjects for senior citizens clubs and community organizations. Family Caregiver Support: In-home assessment to determine service needs include: respite, adult day care, transportation, incontinence items, nutritional supplements, adaptive equipment, etc. *Transportation: group transportation to most senior centers and essential medical & shopping trips. *Legal Support: Contracted attorneys and/or paralegals assist senior citizens with entitlement programs (Food Stamps, Social Security, Etc); also CLAIM Program (Medicaid/Medicare). *Vial of Life: Contains emergency medical information for police, etc. *Offers energy assistance for senior citizens. Must express financial need. Adult Abuse and Neglect Hotline open daily, 7:00 AM to 12:00AM 1(800) 392-0210 Â